MCAT

You must forward your AAMC ID to OMSAS no later than November 1st.

Please note that applicants must re-release their MCAT scores for each new application cycle. Applicants who have written the July, August or September MCAT must wait until after their scores are made available before requesting their release to OMSAS. Applicants request release of their scores through AAMC which is the Association of American Medical Colleges. It is our understanding that on the AAMC site you can choose to release all scores or your most current score. It is important that you release all scores as they are required by Queen's University. Queen's states: "In the event an applicant has written the test multiple times, the applicant must ensure that all test results are released to OMSAS. All MCAT scores will then be reported by OMSAS to Queen's University."

Universities of Toronto, Western, and McMaster will use your most recent MCAT score. Note that McMaster University will only upload your CARs score or if you wrote the older version of the MCAT, within the past 5 years, your VR scores.

Queen's University will use your best MCAT score although your MCAT scores for the past five years need to be sent.

MCAT scores from more than 5 years ago will not be used by any med school. Check to see which schools accept the old MCAT scores. For US med schools, some will only use scores from 2 to 3 years ago.

There are prep courses you can take if you want help with strategy and preparing for the MCAT, for example The Princeton Review and Kaplan are a couple of the companies that offer medical school prep. They also offer discounts to Waterloo students.