

Thinking About Nursing?

Events

- Further Education Boot Camp: Fall term
- Professional & Post Degree Day: Waterloo; SLC; October

Find a Program

- Accredited Canadian Nursing Education Programs: www.casn.ca/accreditation/accredited-canadian-nursing-education-programs/
- Fast Track/Accelerated Canadian Programs: www.casn.ca/education/fast-trackaccelerated-bacc-programs/
- McGill University Direct Entry MSc(A): www.mcgill.ca/nursing/programs/msca-direct-entry/
- McMaster University: fhs.mcmaster.ca/nursing/education_undergrad_bscnaccel.html
- Nipissing University: www.nipissingu.ca/academics/faculties/applied-professional/school-of-nursing/Pages/Scholar-Practitioner-Program.aspx
- Queen's University: nursing.queensu.ca/undergraduate/two_year_advanced_standing_track_program
- University of Ottawa: www.health.uottawa.ca/undergraduate-studies/prerequisites.htm
- University of Toronto: bloomberg.nursing.utoronto.ca/programs/bachelor
- US Programs: directory.ccnecommunity.org/reports/accprog.asp
- Western University: www.uwo.ca/fhs/nursing/undergrad/bscn_ctf/index.html
- York University: nurs.info.yorku.ca/2nd-entry-bachelor-of-science-in-nursing/

Getting Experience – Clinical

If you are interested in health-related work, volunteering in patient care is an excellent way of getting relevant experience. There are volunteer opportunities for almost any area of interest; with some research, you'll find an option that's right for you.

The local Volunteer Action Centre is a good place to start looking for opportunities

- Kitchener-Waterloo: <https://www.volunteerkw.ca/>
- Ottawa: <http://www.volunteerottawa.ca/>
- Toronto: <http://www.volunteertoronto.ca/>

There are several call centers with flexible shifts; this type of position could continue through school and co-op terms.

- Good2Talk student support: <http://www.good2talk.ca/contact/>
- Here 24/7 mental health support: <https://cmhaww.ca/get-involved/volunteer/>
- Self Help addiction recovery support: <http://cmhawwselfhelp.ca/get-involved/>

Some health-related options in Kitchener-Waterloo:

- Canadian Red Cross: www.redcross.ca/volunteer/volunteer-with-us
- Grand River Hospital: <http://www.grhosp.on.ca/help/volunteering/volunteer-opportunities>; check out HELP (Hospital Elder Life Program)
- Hospice of Waterloo Region supports clients with advanced illness and their family and friends: <http://www.hospicewaterloo.ca/get-involved/volunteer/>; to volunteer call 519 743 4114 or email alex@hospicewaterloo.ca
- Onyx Urgent Care Clinic is an after-hours urgent care and walk-in clinic. <http://onyxurgentcare.com/>
- Sanctuary Refugee Health Centre provides health care to vulnerable newcomers in the Kitchener-Waterloo area: <http://www.sanctuaryrefugee.ca/>
- SHORE Centre provides sexual health information and support: <http://www.shorecentre.ca/volunteer-at-shore-centre/>
- St. Mary's Hospital: www.smgh.ca/careers-physicians-volunteers/volunteering-at-st-marys/
- Sunnybrook Health Sciences Centre: sunnybrook.ca/content/?page=volunteer-application
- The Village at University Gates (part of Schlegel Villages), interact with patients in acute care stage as recreation volunteer: <http://schlegelvillages.com/volunteer>

On campus:

- Campus Response Team assists in emergency situations at campus events: <http://feds.ca/crt/crt-recruitment/>
- UW WELL-FIT is a small group exercise program for individuals diagnosed with cancer. <https://uwaterloo.ca/uw-fitness/uw-well-fit>
- Teens in Motion is an exercise program for clinically overweight teenagers: <https://uwaterloo.ca/uw-fitness/teens-motion>
- MATES is a peer counselling program through FEDS and Counselling Services: log into LEADS with your UWaterloo username and password <https://leads.uwaterloo.ca/>

Getting Experience – Research

- Canadian Geriatrics Society: canadiangeriatrics.ca/students/index.cfm/training/volunteer-opportunities/
- Laboratory Medicine Programs: www.uhn.ca/LMP/About
- Lunenfeld-Tanenbaum Research Institute (located at Mount Sinai Hospital): research.lunenfeld.ca/rtc/DEFAULT.ASP?page=Summer%20Students
- NSERC USRA Program (Natural Sciences & Engineering Research Council of Canada Undergraduate Student Research Awards Program): uwaterloo.ca/research/find-and-manage-funding/find-funding/natural-sciences-and-engineering-research-council-canada#3rdprog
- University Research Internship (URI) Program at UW: strobe.uwaterloo.ca/cecs/funding/

Getting Experience – Other

- FEDS Volunteer database: www.feds.ca/volunteer/

Applications

- Nursing Centralized Application Service (US): www.nursingcas.org/
- Ontario Universities Application Centre: www.ouac.on.ca/ouac-105/
- Premed 101 (health-related forums): forums.premed101.com/
- RN Competencies: www.cno.org/en/become-a-nurse/entry-to-practice-examinations/jurisprudence-examination/competencies/
- Student Doctor Network (health-related forums): forums.studentdoctor.net

Career Exploration

- Become a Nurse Practitioner: careersinnursing.ca/mid-career/build-my-skills/become-np
- Career View Mirror: uwaterloo.ca/career-action/resources-library/online-career-planning-tools/career-view-mirror
- Career Cruising: www.careercruising.com, Username: uwaterloo Password: crc
- Choices Planner: www.access.bridges.com, Access ID: 1012272 Password: B3u2j5Q6
- College of Nurses of Ontario: www.cno.org/
- Explore Health Careers: explorehealthcareers.org
- Health Careers: www.healthcareers.com/
- Type Focus: www.careers.typefocus.com, Password: uw74; create own username and password

Make Your Own Notes as Applicable

- Fit as a Career
- Transcripts / GPA
- Admission Test / Training
- English Requirements / Training
- Personal Statements / Sketch / Letter of Intent and résumé / CV
- Extra-curricular / Volunteer / Paid / Research Activities
- References
- Funding
- Interview

Centre for Career Action Resources: uwaterloo.ca/career-action/

Appointments:

- Professional School Planning
- Graduate School/College Program Planning
- Professional/Graduate School Application Review
- Professional School Mock Interview

Drop-ins: if you just have a quick question we offer drop-ins Monday through Friday from 12:00-1:00pm. There are 4 fifteen minute spots, and you can register as early as 11:30am on the day you wish to drop-in as they are first come, first served. Please go to the Centre for Career Action front desk in TC 1214 to register. If you prefer a phone or Skype drop-in, please call the front desk at 11:30 am the day you wish to speak with an advisor (519-888-4047).

Resources: Career planning, job search and further education links

uwaterloo.ca/career-action/resources-library/career-related-websites/further-education

Library: Book-listing is searchable via PRIMO at <http://www.lib.uwaterloo.ca/>

- Letter of intent examples: professional/graduate binder, Centre for Career Action, TC 1214